

HOME START

Clackmannanshire



2021-22 Annual Report



Supported by Clackmannanshire Council



Clackmannanshire
Council

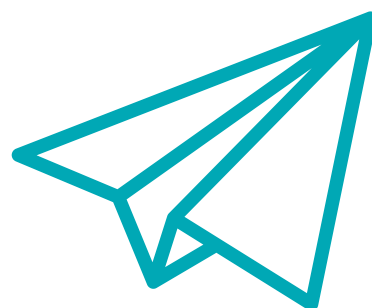
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Chair's Report

By Louise Orr



Our annual report provides us the chance to do something we don't often have the luxury to do in our hectic day to day – pause and reflect on the year passed, take stock of our achievements, and appreciate the journey we have been on, and continue, over the next year.

It is difficult to think back on the past year without words such as “coping” and “recovering” springing to mind, but with the dedication, determination and incredible efforts of our staff, volunteers, partners, and funders, 2021-2022 was also a year of great innovation and growth for Home-Start Clackmannanshire, and I want to take this opportunity to thank each of them.

A dedicated thank you must be made to our CEO Shelley Bowman. I mentioned to the team recently that I consider Shelley to be the heart of Home-Start, and the more I reflect on this comment, the more I realise it is true. Shelley's leadership has not only held our team steady throughout the most uncertain of times, but empowered progress

across the organisation and resulted in an increase of our group work provision; the ability to trial a new family support worker to focus on our older children (5-12); built on our enterprise activities through the continued growth of our retail shop on Alloa High Street and much more. Indeed, our work has grown so much in the past year, we were able to welcome our Assistant Manager Jax to the team.

Although not within 2021-2022, I have to mention the honour of being presented with the Queen's Award for Voluntary Service in June 2022, as this truly exemplifies how passionate and committed our team of volunteers and staff are, to ensure our services adapted and grew to meet the changing needs of our local families.

When considering the achievements of the past year, when we faced multiple challenges in our ability to operate due to the confines of ever-changing Covid restrictions and guidance, I'm excited to think to the year ahead, and what we can achieve whilst adapting to our new “normal” living with Covid, because childhood can't wait.

Treasurer's Report

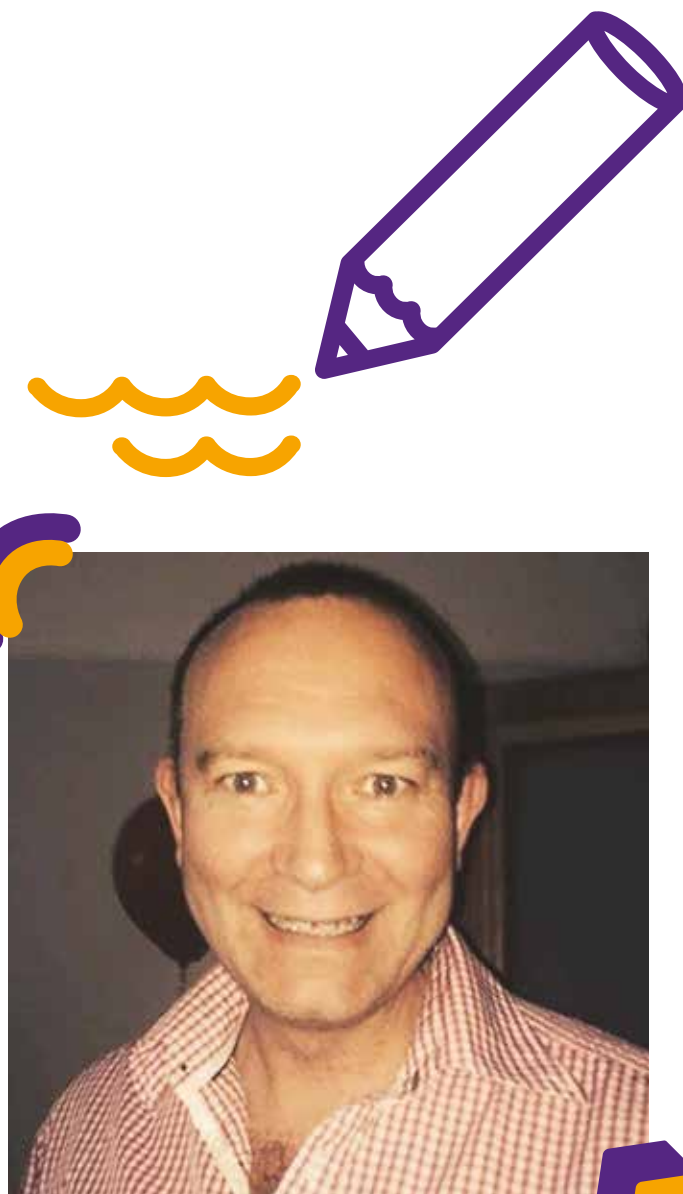
by Douglas Moodie

Since my last report we now seem to be coming out of the COVID-19 epidemic which is good news for all of us. I would also like to record my thanks to all of our supporters, staff, and volunteers for what has been a challenging time for you all over the past few years.

Turning to the financial performance of the charity I am pleased to report that income has maintained above £300,000 despite a sharp drop off in Covid related grants compared to last year. This drop in income was to be expected and it is pleasing to see that our supporters continue to provide significant levels of grant income, supplemented by our shop to help us deliver the much needed, and vital services to families across our local community. Offset against this is our costs, which you can probably imagine are roughly 50% made up of staff costs, and the balance spread across keeping our shop going plus other central overheads. Overheads are typically the costs of keeping the 'show on the road', and include things like heating, lighting, bank charges, photocopying, insurance etc. All of these are facing significant upwards pressure at present, as I appreciate many of you are also experiencing as individuals too. We are doing all we can to help keep these under control.

Therefore overall, I am pleased to report that we made a modest surplus in the year. We will continue to be prudent with funds given impending high inflation and risks of reduced income as we look to weather the upcoming storm. It didn't seem that long ago that I wrote of the Covid-19 storm, however, here we are again with another storm to manage our way through. Fortunately, the prudence we have shown over the past few years means we are in a decent position to get through the next twelve months, and beyond, and will undoubtedly mean trying to reduce overheads, or at least maintaining them at current levels, whilst ensuring we don't negatively impact on the vital services we provide to many families. This is a tricky balance to get right, but I am confident that together we will manage this and see Home Start Clackmannanshire stronger coming out of this storm.

Douglas Moodie BA, FCCA, DipM





Strategic Plan update

By Patrick Leavey

2021 marked the end of Home-Start Clackmannanshire's second, three year strategic plan. We have yet to agree and publish our next three year plan, but I hope we will be able to make progress on this over the course of the next few months.

In the meantime, there is much for Trustees to consider: most notably the increased cost of living families are dealing with at present, and the inflation which is still to come. Many of those we support will have found their electricity and gas bills have increased by 50% since April this year. There will be another steep rise in these energy bills to come in October. And it's not just the cost of heating and powering your home that has increased. Prices across the board are surging as other businesses pass on the costs of fuel and energy to consumers.

That's bad news for everyone, whatever your situation in life. But it's particularly bad news for those on low incomes. Poorer households spend three times as much of their family budget on energy as the richest fifth of households in the UK. And this group of people are the ones most likely to have been battered financially by Covid-19, so they enter this crisis in a bad state.

The difficulty of making ends meet will be causing many people to suffer from stress or anxiety. However, for those who already have a mental health problem, the challenges can be even starker. People with mental health problems are more likely to say that the rocketing cost of living has had a negative effect on their mental health, and they are also more likely to have borrowed money or cut back on spending in response.

We also know that mental health problems are not equally distributed across the population. Socially disadvantaged people have an increased risk of developing mental health issues to the extent that adults living in the most deprived areas are approximately twice as likely to have common mental health problems as those in the least deprived areas (22% versus 11%.) That makes some streets in South East Alloa and Tullibody particularly at risk.

So inflation occurring at the speed and strength we're seeing is like pouring petrol on a bonfire: money worries and mental health spiralling round and round, faster and faster, spitting out families facing crisis situations. Who will be there to catch them?

Home-Start Clackmannanshire can't solve problems of this size and scale. Responsibility for these issues is spread across the UK Government, the Scottish Government, Clackmannanshire Council and the Forth Valley NHS Board. The latter is a particular worry. The Scottish Government standard states that 90% of people should start their treatment within 18 weeks of referral to psychological therapies. In June 2022, only 64% of patients in Forth Valley started treatment within this period of time.

However, we can make sure that the help and support Home-Start provide are suitable for the needs of the families. We can make sure that politicians, officials, the media and local people hear the stories of our families and the problems that they are facing. We can gather data and insights to give weight to those stories.

The Queen's Award for Voluntary Service, which we received this year, was official recognition that, because of our wonderful staff and volunteers, Home-Start Clackmannanshire is an amazing organisation. We rose to the extraordinary challenge presented by the Covid-19 pandemic, so we can rise to this next, very different one.

Patrick Leavey (Trustee)





Key messages and measuring our impact

Since 1 April 2021 we have supported 377 individuals: 108 families, which included 119 children under 5 years of age, 87 children between the ages of 6 and 12, and 32 children aged between 13 and 18 years.

In addition to the families noted above we supported approximately 20 families, not registered with the service, with emotional and practical support, via requests from our colleagues across the sector.

Clackmannanshire Council retained our services, via a Service Level Agreement, and funding for 2022/23 is confirmed. We are currently engaged with the Council regarding future funding. I hope we may be able to report positively later in the year.

In addition to our Service Level Agreement with Clackmannanshire Council a cocktail of funders helped to retain all our services, as well as develop new projects. Our funders included National Lottery Community Fund, The Robertson Trust, Henry Smith Charity, Corra Foundation, BBC Children in Need, R S Macdonald Charitable Trust, Foundation Scotland, and The Edward Gostling Foundation. Smaller pots also helped to bolster the pot to allow for new ways of working – further information is contained in our report.

Our social enterprise, the Home-Start Charity Shop, has gone from strength to strength. Led by Sarah and her team of Volunteers we are looking to expand the project with a focus on learning and development, donation pods, and pop-up shops. It is endearing to note that several Volunteers have been with us since the initial pilot project in 2018. Thank you Irene, Heather, Karen and Amanda for your dedication and commitment.

Thanks to Doug at Kidz World in Alloa for allowing us to visit monthly for softplay and fun. This is a very popular event with our young families!

We have a core group of 16 Volunteers supporting the Charity Shop, and could not operate successfully without their hard work, determination, ability, talent and resourcefulness! Thank you team!

We were delighted when our Family Support Groups returned, face-to-face, to Hawkhill Community Centre The Blue House in Tullibody and the Ben Cleuch Centre, in Tillicoultry. Many thanks to Claire at The Blue House in Tullibody for free use of their premises – much appreciated! Full details are included in the Groups Report.

We continue to build on our membership of the Imagination Library, as the Clackmannanshire Hub, and have 44 children engaged in the programme. Many thanks to Coalfield Regeneration Trust for their funding for this amazing project with the Dollywood Foundation and to our partners, Hawkhill Community Centre and the Family Nursing Partnership.

Our Christmas Appeal generated fantastic donations from local supports which enabled us to gift Vouchers, Toys, Toiletries and Treats to Home-Start families, and other families who came forward, seeking help.

As a member of the 'Save the Children Emergency Response' we have, to date, distributed nearly £20,000 worth of cots, children's beds, storage, and vouchers to local families. Thanks to Carole at Save the Children for her continued helping hand!

Since 1 April 2021, we have received 96 Referrals - 38 from Social Work, 40 from Health Visitors, 1 from Action for children, 2 from 2 Intensive family support service (IFSS), 14 from Education, and 1 from Shakti Womens Aid.

CEO's Report

By Shelley Bowman

Well. It's been a year of significant change!

Shelley Bowman



Firstly though, big news! We received a Queen's Award for Voluntary Service, which we were thrilled about (although tinged by the sadness of the Queen's passing). Thanks go to all our amazing Trustees and Volunteers past and present for making the charity what it is today!

In line with demand for our service we have adapted our supports to better reflect what our families are asking for and what we see out and about in the community. Our amazing team of Trustees, Staff and Volunteers have been truly incredible in working together to ensure people who want our service, are provided with a package of support to help them with their daily challenges. It has been really positive to see the setting up of our dedicated parent only Wellbeing Group which is going so well, and we hope we can expand on the good work here. Our group work



Our amazing team – Jax, Valerie, Linda, Louise, Paula, Maureen, Irene, Megan and Carole

Lord-Lieutenant Johnny Stewart presenting the Queen's Award for Voluntary Service for 2022 at a special reception at Arndean House for our wonderful volunteers.





*Having fun at Play in the Park
with Louise, Megan, Paula,
Carole and Carolyne*

programme was also extended and once we returned to face-to-face supports, we were able to add to our 3 weekly Family Support Groups in Tillicoultry, Tullibody and Alloa to include a Tuesday Group for school-aged children, a Cooking on a Budget Course, and monthly family sessions at the local softplay centre, KidzworlD.

Our Chair, Louise and Trustees (Doug, Lynn, Paddy, Joan, Hazel, Melissa and Elaine) have once again led us admirably and in uncertain times have gone above and beyond to support, encourage and guide us. It's heartening to know the team is truly respected for their knowledge and expertise, and the amazing job they do!! Our team expanded considerably over the timeline. Currently Jax, Linda, Irene, Maureen, Paula, Megan, Valerie, Carole, Carolyne, Sarah, Megan and Sofie provide a variety of supports to families and in the general running of the organisation. My thanks to everyone. I know it can be a challenging job at times but we also have a good giggle here and there and it is hugely rewarding, especially being part of our families' journeys and see them move on positively. We said a sad farewell to Rhona, Sharon, and then Diana when they moved on to exciting new opportunities. We wish them all well and thank them for all their hard work, dedication, and support. To counterbalance our losses, we were incredibly fortunate to recruit Jax (Assistant Manager), Sarah (Shop Manager), and Megan (Family Support Worker). They have already made a significant difference within the service!

Where would we be without the support of our home-visiting Volunteers, our Group Volunteers, and our Charity Shop Volunteers! Our volunteer training held throughout the year is a great opportunity to get to know our new Volunteers, and our ongoing training and Volunteer Forums (and the odd social evening here and there) allows all volunteers and staff to come together and have a good old laugh. Last year we supported more families than ever before...and expect the same again this year!

My thanks to all our funders and supporters who have been so amazing. We welcomed a number of new funders which we are delighted about, especially in this current climate: the main core services continue to be supported by long-standing supporters such as Clackmannanshire Council, National Lottery Community Fund, The Robertson Trust, Henry Smith Charity, Corra Foundation, and the R S Macdonald Charitable Trust. We always enjoy getting out and about and it has been very heartening to receive community support, from the likes of Tesco calling us to collect donations, to Irene from the Co-op visiting one of our groups with bits and pieces to donations via Santa's Sleigh, and little Orla and Damien with their donation of pennies! Thank you everyone – you are just wonderful!



Family Support Services Report

Firstly, we would like to thank our terrific volunteers for their hard work, dedication, and commitment. Their work makes a massive difference to the families whom Home-Start Clackmannanshire support, especially during these challenging times families have been facing. Our volunteers help families to build their confidence and resilience and have fun in family life. After two years of disruption to our service, we are glad to support our families more within their own homes.

It was great to resume our face-to-face volunteer preparation course in September and February. This course prepares volunteers for their role in supporting families facing everyday challenges such as isolation, poor mental health, disability, illness, and domestic abuse. The preparation course covers various topics such as child protection, Getting it Right for Every Child, Domestic abuse, confidentiality and listening skills to ensure all volunteers are equipped with the skills they need to support our families.

This past year our Coordinators and volunteers have been able to access a wide variety of training opportunities, including Child Protection, Infant Mental Health, Trauma Informed, Male Domestic Abuse, Mental Health Awareness, Cyber resilience, Energy Advice, Jo Cervical Cancer, Pre-Employability Clackmannanshire and Personal Safety. Every year we say it, but we are always looking for new volunteers so that Homestart Clackmannanshire can continue to support families in the community. If you know someone whom you think could be a great help to a family, please ask them to get in touch.

As part of our service, we run both a volunteer and family forum. Our volunteer forum is a great way to meet other volunteers and shape our Home-Start service, while our family forum allows our families to come together to talk



Carole (Staff member) and Alan from The Scottish Centre for Personal Safety – a great session!



Graduation time at the Volunteer Preparation Course – Aileen, Jen and Nikki with George, our mascot, and Irene (Staff member)

Many thanks to our amazing Volunteers for your commitment, kindness and strength – you helped us make it through!

Joan Gibson
Janette Green
Elspeth Peterson
Carolyn Nicol
Joanna Scobie
Leigh Singleton

Jean Adams
Susan Murray
Grace Drysdale
Emma Jolly
Gillian Stenhouse
Charles Drysdale

Donna Mclean
Judith Morgan
Lauren Marshall
Linzi Kerr
Helen Grant
Carolann Liddle

Shirley Faulkner
Astrid McNally
Annmarie Aitken
Alishia Jack
Billy Davids

Diana, Sarah and Jax completing First Aid Training delivered by First Aid Training East Scotland



about the issues that matter most to them which informs the way we work.

During times we have been unable to meet our families over the last year we ran our walk and talk sessions and are there to listen and support families whenever they need. As a result of an identified need for support for parents of school-aged children, we started the Wellbeing Group in January. This is a parent led group Parents can talk about issues which are important to them in a confidential, non-judgmental space that allows them to focus on themselves. Topics covered so far are energy advice, Pre-employability, Clackmannanshire and Reach out with Art in Mind. We hope that this will expand in the future.

We are looking forward to continuing to deliver more opportunities for our families and volunteers in 2022/2023

Irene Richmond, Maureen Holden, Paula Paton and Jacqueline Kidd.



Another Volunteer Preparation Course underway



Home-Start Charity Shop

Report by Sarah Gray, Shop Manager



Finally, after an extremely difficult time adjusting to Covid-19, we were very excited and thrilled to get back to a bit of stability, which has been extremely beneficial to all our volunteers and staff who have found the last year very tough. We are once again back open and glad to be back supporting and serving our community.

We saw a few changes here at the Shop, in the physical space, as well as with staff and volunteers. Rhona left to go on a new adventure and Kieran (Community Jobs Scotland) returned to university. Louise also joined us, through the Community jobs Scotland Kickstart Programme, and then moved onto full-time employment.

We wished them all well and thanked them for the significant contributions they made.

However, special thanks must go to Rhona, who helped set up the Shop at Shillinghill, and then in the High Street, in her capacity as a Volunteer before coming on board as Manager.

Thanks to our amazing Staff team and Charity Shop Volunteers who supported us over the past year.

We continue to expand in the Shop and have added electrical items to our donations list. This will help to generate extra income for the charity as well as preventing electrical items from going to landfill.



The Girls!

Thanks to our amazing Staff team and Charity Shop Volunteers:

Sarah, Diana, Kieran, Louise, Heather,
Shona, Amanda, Karen, Joan, Irene, Elspeth,
Aimee, Lia, Jessica, Elizabeth and Janette



Sarah, Diana, Heather, Shona and Irene – Volunteers with us from the start!

We offer quarterly Volunteer Forums which is a safe space to come together, share ideas, support each other and engage in training and development opportunities.

We are hoping to implement Donation Pods in various localities across Clackmannanshire to collect high-quality donations – if you know of anyone that could take a Pod please let us know! We know it is difficult to drop off donations at the Shop front-door and parking is also challenging so having other locations for people to utilise will help ease the flow of donations. If you can support us with this please get in touch!

The Charity Shop is continuing to develop with new projects being planned. Without the continued support of our landlord (Mr Howie), Board of Trustees, Staff team we would not be able to continue to grow. The biggest thanks, of course, must go to our team of amazing hard-working volunteers who without their continued dedication, we would not be where we are today! We look forward to our 4th year of trading and exciting times ahead.



Diana's leaving do

...thank you to all our supporters, including Clackmannanshire Council, Clackmannanshire Third Sector Interface and Alloa First.

Groupwork Programme

Our groupwork programme during 2021/22 has developed throughout the year. We continued to follow our online programme established in 2020 through until April and May 2021. As restrictions were gradually lifted we began by adding family walks and then in May we were able to offer our first face-to-face group at Hawkhill Community Centre. Initially it was a very small group due

mainly to a lack of confidence about Covid-19 and families being very cautious when unwell at all. Covid restrictions meant that we needed to be creative with how we supported our families even after a return to face-to-face groupwork. Many families were naturally anxious about meeting together, particularly when we moved to indoor sessions

Hawkhill Community Centre

We started our Hawkhill group with help and support from the team at Hawkhill Community Centre. We have been able to provide time together for families both indoors and outdoors including snack, activities and a Bookbug session.

The group has developed over the year and we regularly welcome new families. Activities are designed to include literacy, numeracy and social skills but most importantly to provide fun and learning for all the family. Children can enjoy learning and playing in a safe environment and parents have an opportunity to meet others thus reducing social isolation.

31 weekly, term time sessions between 1st April 2021 and 31st March 2022 with 1 cancellation in November due to Covid-19. A total of 259 attendances which is an average of 8 per group. Reasons for not attending ranged from family illness including Covid infections to anxiety about attending a group situation particularly when Covid infections were high in the area. Providing transport for some families has helped to increase attendance.



Early days with Covid-19 restrictions in place



Bookbugs with Carole



Getting creative!

Cooking on a Budget

These sessions were held on Zoom with Valerie cooking in her kitchen and the parents doing the same. All food items were delivered along with a copy of the recipe each week and then the participants would join the Zoom session and make their dinner for that night. Favourites were Mince 3 ways and Cola Chicken.

A total of 5 sessions have been held with 5 families taking part, 14 people in total including the children who joined their parents online.

After a break for the return to face-to-face groups the Cooking on a Budget will take place at the Bowmar Centre in May 2022 on a sessional basis for up to 5 weeks in each block.



Cola Chicken

Kedgerie



Kidz-World

In February 2022 we began monthly sessions at Kidz-World on the last Friday of each month. These sessions allow parents and children to enjoy the soft play area and spend time with other families having fun. The children also receive a food box and refreshments are provided for parents too.

These sessions are very popular and allow parents the opportunity to meet new families and build their social circle.

A total of 5 Kidz-World sessions have been held with 88 attendees which is an average of 17.5 per session

Family Walks

As an introduction to face-to-face groups in February 2021 we arranged local walks for families which met the still quite stringent covid safety measures. While meeting indoors was still not possible it allowed families time to meet in the fresh air, time for the children to meet each other and play and

time for parents to chat to others and share support. We also learned a lot about our local wildlife seeing frogs, lots of insects, swans, ducks and even a swallow nest.

A total of 10 walks took place with a total of 46 attendances, an average of 5 per walk



Out and about around Gartmorn Dam



Ben Cleuch Centre

In September 2021 we also started our group at Ben Cleuch Centre, following the same programme as the other 2 groups. This was initially a morning group but was not well attended and after changing to an afternoon the group has gradually developed over the year.

This group has seen many changes but in recent months although there are new members joining, a stable group has developed and the families are enjoying their experience both indoors and out.

19 weekly sessions during term time with 5 cancellations due to illness and Covid 19 infections among the members. A total of 72 attendances were recorded which is an average of 4 per session. This is a smaller group and the incidence of Covid 19 infection has been much higher. Prior to December 2022 the level of attendance was poor due to illness, the average since the beginning of February 2022 has increased to 6.



Reading to Baby



Circle of friends

Primary Kids Club

Over the year we identified a gap for our older children who have had their confidence eroded by 2 years of isolation due to Covid. As a result, in February 2022 we introduced our Primary Kids Club at Hawkhill CC. We introduced the group initially on a fortnightly basis as a pilot to gauge the need and the children's interests. It is hoped that the group will develop to a weekly programme which will be led by the interests of the children and will support their developing confidence and interest in their local community.

A total of 8 sessions have been held with 37 attendances which is an average of 5 per session. Following the summer programme it is hoped that interest in this group will develop further.



*Easter activities at
Hawkhill Community Centre*

Blue House Centre

In September 2021 our Tullibody group started at the Blue House with support from Action for Children. This group provides the same programme as Hawkhill with good outdoor space and a well-resourced indoor space. The group although slightly smaller due to a smaller indoor space, has a steady membership and it is lovely to see the children growing and learning together. The families particularly enjoy the messy play activities.

23 weekly sessions during term time with 2 cancellations due to Covid 19 infections. A total of 107 attendances were recorded which is an average of 4 per session. This group by its nature will always be smaller due to the size of the space available. It is not possible to have more than 6 or 7 families in the space and therefore this is quite a good average for these sessions.



Bookbugs with Carole



We love bubble sock monsters!



Time for healthy snack!

Family Fun Day

On 4th July 2021 we had a Family Fun Day at Hawkhill Community Centre. Despite the inclement weather a total of 38 people attended and thanks to Hawkhill staff we managed

to set up indoors and still have lots of fun. Hawkhill kitchen provided us with a lovely lunch of burgers, hotdogs and salads which were enjoyed by all who participated.

Summer Activity Programme

During summer 2021 due to Covid 19 restrictions we were limited to 15 adults at our outdoor sessions. We devised a booking in system to allow as many families as possible to access outdoor fun. We were able to provide a total of 9 sessions in local parks across Clackmannan, most of which were well attended and lots of fun.

At 2 of our sessions in West End Park, Alloa, Reachout with Arts in Mind joined us and provided interesting art activities for the children to enjoy. Both sessions proved to be popular with both parents and children.

Lunches were provided by the kitchen staff at Hawkhill Community Centre in order to comply with Covid 19 restrictions.

A total of 157 attendances were recorded which is an average of 17.5 per session.



at Tillicoultry Park



at Coalsnaughton Park



at Cochrane Park, Alva



at Gartmorn Dam

Trustees



Louise Orr



Doug Moodie (Treasurer)



Lynn Leitch



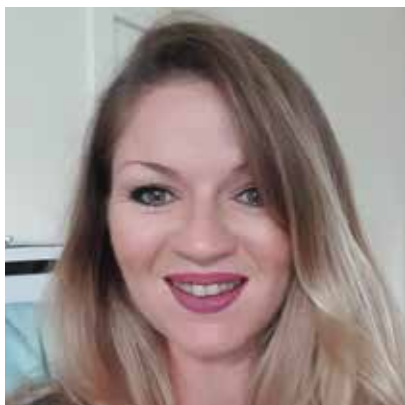
Joan Gibson



Patrick Leavey



Melissa Albentosa



Elaine Mulligan



Hazel Mulholland



Staff



Carole Evans



Linda Kerr



Irene Richmond



Paula Paton



Jacqueline Kidd



Maureen Holden



Shelley Bowman



Sofie Meier



Valerie Harrow



Megan Thomson



Sofie Meier



Carolyn Nicol

Family Quotes

"All staff were very supportive with things I was trying to work through. Was able to talk through issues and problems, felt really supported. Never felt judged for my mental health. When I was struggling the Volunteer and Co-ordinator was able to listen and encourage me to do things differently. Was able to talk through issues and get the right support when needed."

"Attended meetings, support letters and doctor visits. This helped me to stay calm and encouraged me to ask question due to my anxiety, support was always available"

"I have now got confidence to try new things and continue without giving up able to talk about issues and deal with them without support still really anxious but more confident to speak out being able to talk through things. Feel I can find my voice. Parent group has really helped me"

"I finally had the confidence to get me depression treated. Home-Start gave me the courage to fight for the support I deserve helped me to think things through before dealing with it. Always felt encouraged to speak about my feelings"

"Just having someone at the end of the phone that is not a family member has been great. The volunteers are fantastic for calming my anxieties about milestones and parenting skills when I doubt myself"

"Support to get out the house and join in with groups has made a massive difference with my mental health making family life so much better"

"Providing an ear to listen to me and reminded me I'm not mad someone to talk to listen, advice, support letters and walks if it was not for the support of staff/ volunteers due to my mental health I think I would have ended my life as I could not see any way out and thought kids would be better off without me - I no longer feel like this"

"Massive difference to my confidence and the kids, we love the support Someone being there for advice and support."

"Having someone to talk to helped. Always at end of phone or visit. Helping me stay on track. Giving me confidence to go through homeless to enable me to get out of situation. Comfort knowing someone there."

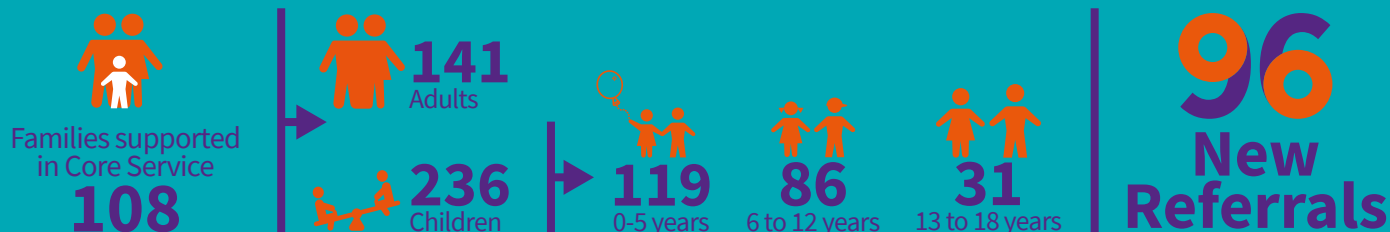
"I have kinship care of my granddaughter and was referred for support this year. It has been good to chat with someone and I am looking forward to getting matched with a volunteer or support worker to allow me sometime to myself as they will be supporting by daughter to look after child"

"Support of both my coordinator and attending the groups both myself and the children have made new friends"

"Home-Start have helped me massively with my confidence and anxiety about getting out the house"

"Without the support we have received as a family we would have struggled I have not long been with home start but the time I have had with them they have been nothing but supporting towards me and I feel better within myself now"

Statistical Info April 2021 - March 2022



Over all the groups a total of **397** attendances over **69** sessions averages at **6** per session.

Identified need at referral stage



Geographical areas where families reside

41 Alloa	7 Clackmannan
17 Tullibody	5 Coalsnaughton
17 Sauchie	4 Menstrie
9 Tillicoultry	1 Dollar
7 Alva	

Referral source

51 Health Visitor	1 Housing
36 Social Work	1 Womens Aid
9 Education	1 CAB
2 Action for Children	1 Young Women's Support Service
2 SACRO	1 CAMHS
2 Self	1 Screening Group

Mr Gray

Opening More Doors

Alison Peden

Artemis Charitable Foundation

Diageo

CTSi

Leome Henn

Arnold Clark Community Fund

Charities Trust

CTSi

Tillicoultry Baptish Church

Howdens Joinery

Kiltwalk

Karen Strang (Artist)

Reachout with Arts in Mind

Bowmar Centre, Alloa

Action for Children

Irene @ the Co-op

Jane @ Morrisons in Alloa

Tesco Alloa

Jessica Bowman

Orla, Damien and Logan

Menstrie Mains Residents Association

Save the Children Emergency Response

Asda, Alloa

Dollywood Foundation

Coalfields Regeneration Trust

Hawkhill Community Centre

Kit and Linda from Opening
More Doors donated £1500

Ciara with her regular gift of hand-made
cupcakes, completing her Duke of
Edinburgh Award



Thanks to our funders



Clackmannanshire
Council



CORRA
FOUNDATION



COMMUNITY
FUND

The
Henry Smith
Charity



The
ROBERTSON
Trust



Foundation
Scotland

HOME
START

children's
appeal



CHANGING PLACES
CHANGING LIVES

TESCO

NHS
Forth Valley

Sve

Stirlingshire Voluntary Enterprise



neighbourly
COMMUNITY
FUND



THE
RS MACDONALD
CHARITABLE TRUST



The Edward Gostling
Foundation



CIRCULAR
COMMUNITIES
SCOTLAND

CTSI
Clackmannanshire
Third Sector Interface





HOME START

Clackmannanshire

**Chief Executive Officer:**

Shelley Bowman

Assistant Manager:

Jacqueline Kidd

Office Manager:

Linda Kerr

Family Support Co-ordinators:

Irene Richmond
Maureen Holden
Paula Paton

Family Support Worker:

Megan Thomson

Family Support Group Workers:

Valerie Harrow
Carole Evans
Carolyn Nicol

Charity Shop Manager:

Sarah Gray

Social Media Planner and Website Maintenance:

Sofie Meier

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